

Seasonal Selections

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Tramisu French Toast (Served with Two Eggs Any Style and Choice of Baked Bacon or House-Made Sausage Patties. See SIDES & ADD-ONS for Nutritional Information on these items.)	French Toast, Cream Cheese, Cocoa Powder, Espresso Whipped Cream	910	390	43	21	0	375	1050	101	3	37	22	Contains Egg, Milk, Soy, Wheat	Vegetarian/Lacto-ovo Friendly if meat option is omitted.		Fish, Shellfish, Tree Nuts
Pumpkin Waffle (Served with Two Eggs Any Style and Choice of Baked Bacon or House-Made Sausage Patties. See SIDES & ADD-ONS for Nutritional Information on these items.)	Waffle, Pecans, Compound Butter	670	300	33	9	0	95	1010	85	7	41	11	Contains Egg, Milk, Soy, Wheat, Tree Nuts	Vegetarian/Lacto-ovo Friendly if meat option is omitted.		Fish, Shellfish
Mediterranean Omelette (Served with Choice of Grits or Fresh Country Potatoes, or for an upcharge substitute City Grits™ or Fruit. See SIDES & ADD-ONS for Nutritional Information on these items.)	Omelette Only	640	320	40	20	0	610	1620	20	2	8	50	Contains Egg, Milk, Soy, Wheat		Gyro meat is contains beef and lamb	Fish, Shellfish, Tree Nuts
Lobster Hash Benedict (Served with Choice of Grits or Fresh Country Potatoes, or for an upcharge substitute City Grits™ or Fruit. See SIDES & ADD-ONS for Nutritional Information on these items.)	Benedict Only	910	510	68	24	0	640	2000	47	5	6	35	Contains Egg, Milk, Fish, Shellfish, Soy, Wheat			Tree Nuts

Brunch Specialties

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Eggs Blackstone Benedict	Benedict Only	810	410	50	23	0	605	1430	37	2	60	37	Contains Egg, Milk, Fish, Soy, Wheat		Contains Pork	Shellfish, Tree nuts, Peanuts
Crab Cake Benedict	Benedict Only	800	360	39	18	0	710	1750	42	4	5	42	Contains Egg, Milk, Fish, Shellfish, Soy, Wheat		Contains Shellfish, City Grits Contain Pork	Tree Nuts, Peanuts
Half Crab Cake Benedict	Benedict Only	400	180	20	9	0	355	875	21	2	2	21	Contains Egg, Milk, Fish, Shellfish, Soy, Wheat		Contains Shellfish, City Grits Contain Pork	Tree Nuts, Peanuts
Smoked Salmon Benedict	Benedict Only	640	190	21	16	0	540	1720	41	1	3	40	Contains Egg, Milk, Fish, Wheat		City Grits Contain Pork	Shellfish, Tree nuts, Soy, Peanuts
Country Power Bowl	Biscuit	1370	730	85	39	0	745	4500	89	3	10	69	Contains Egg, Milk, Wheat, Soy		Contains Pork	Shellfish, Tree Nuts, Peanuts
Chicken & Waffles	All Entrée Ingredients including Toppings & Sauces	670	280	31	8	0	240	1630	54	6	20	49	Contains Egg, Milk, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Half Chicken & Waffles	All Entrée Ingredients including Toppings & Sauces	335	140	15	4	0	120	815	27	3	10	24	Contains Egg, Milk, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Shrimp 'N Grits	All ingredients including Garlic Bread and Lemon Wedge	980	610	72	34	0	305	2630	59	4	12	37	Contains Egg, Fish, Milk, Shellfish, Soy, Wheat		Contains Shrimp and Pork	Tree Nuts, Peanuts
Hash Brown Benedict	Benedict Only	870	440	49	20	0	610	1950	50	6	3	31	Contains Egg, Milk, Shellfish, Soy, Wheat		Contains Shellfish, City Grits Contain Pork	Tree Nuts, Fish, Peanuts
Mardi Gras Omelette	Omelette Only	770	510	61	23	0	965	1880	9	1	5	52	Contains Egg, Milk, Shellfish, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Shellfish and Pork	Wheat, Fish, Tree Nuts, Peanuts
Cinnamon Roll French Toast	All Entrée Ingredients including Toppings & Sauces	1360	640	76	37	0	270	2250	158	11	72	23	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted.		Fish, Shellfish, Tree Nuts, Peanuts

Sweet Temptations / Indulgences

(All Sweet Temptations Menu Selections are served with Two Eggs Any Style and Choice of Baked Bacon, House-Made Sausage Patties, Chicken Sausage, Andouille Sausage or Ham. See SIDES & ADD-ONS for Nutritional Information on these items.)

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Buttermilk, Pancakes	Pancakes Only	480	50	6	1	0	0	1520	95	8	38	17	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter.		Fish, Shellfish, Tree Nuts, Peanuts
Stacked Chocolate Chip Pancakes	Pancakes, chocolate Cream, Chocolate Chips, Strawberries, Powdered Sugar	820	260	29	11	0	20	1560	153	11	87	22	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter.		Fish, Shellfish, Tree Nuts, Peanuts
Lemon Blueberry Goat Cheese	Pancakes, Lemon Blueberry Goat Cheese	700	200	22	11	0	70	1670	109	11	47	23	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter		Fish, Shellfish, Tree Nuts ,Peanuts
Bourbon Street Pancakes	Pancakes, Bananas, Whipped Cream, Pecans, Rum Butter Sauce	1220	520	58	22	0	85	1750	158	12	87	22	Contains Egg, Milk, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Can be Tree-Nut Friendly if pecans are omitted.		Fish, Shellfish, Tree Nuts, Peanuts
Gluten-Friendly	Gluten-Friendly Pancakes	470	80	9	1.5	0	0	1470	88	9	37	16	Contains Milk, Soy	Vegetarian Locofoco Friendly if meat option is omitted.		Fish, Shellfish, Tree Nuts, Peanuts
Lemon Blueberry Goat Cheese Gluten-Friendly	Lemon Blueberry Goat Cheese Gluten-Friendly Pancakes	640	170	19	8	0	35	1610	104	12	44	22	Contains Milk, Soy	Vegetarian Locofoco Friendly if meat option is omitted.		Fish, Shellfish, Tree Nuts, Peanuts
Bourbon Street Gluten-Friendly	Pancakes, Bananas, Whipped Cream, Pecans, Rum Butter Sauce	1200	550	61	23	0	85	1700	151	13	86	21	Contains Milk, Soy, Tree Nuts	Vegetarian/Locofoco Friendly if meat option is omitted. Can be Tree-Nut Friendly if pecans are omitted.		Fish, Shellfish, Tree Nuts, Peanuts
"Classic" French Toast	French Toast and Powdered Sugar	940	360	44	12	0	445	1320	114	4	38	32	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted.		Fish, Shellfish, Tree Nuts, Peanuts

Apple Fritter French Toast	French Toast, Fried Apples, Bourbon Cream, Blueberries and Powdered Sugar	1380	820	91	44	0	225	760	118	8	61	14	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter	Fish, Shellfish, Tree Nuts, Peanuts
Belgian Waffle	Waffle and Powdered Sugar	280	90	10	5	0	75	630	46	3	19	6	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted.	Fish, Shellfish, Tree Nuts, Peanuts
Cookie Dough Waffle	Waffle, Blueberries, Strawberries, Blackberries, Cinnamon Sugar Cream Cheese	960	420	47	25	0	155	1070	132	6	73	12	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter	Fish, Shellfish, Tree Nuts, Peanuts
Strawberry Pound cake French Toast	French Toast, Strawberries, Whipped Cream and Brule Sugar	1160	440	49	24	0	600	902	154	1	74	25	Contains Egg, Milk, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted.	Fish, Shellfish, Tree Nuts, Peanuts

Traditional Classics

(All Traditional Classics Menu Selections are served with Grits or Fresh Country Potatoes. Substitute Fresh Fruit or City Grits™ for an Upcharge. See SIDES & ADD-ONS for Nutritional Information on these items.)

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Eggs Benedict	Benedict Only	590	200	22	15	0	650	2300	32	2	3	40	Contains Egg, Milk, Fish, Soy, Wheat		Contains Pork	Shellfish, Tree nuts, Peanuts
Half Eggs Benedict	Benedict Only	295	200	11	8	0	325	1150	16	1	2	20	Contains Egg, Milk, Fish, Soy, Wheat		Contains Pork	Shellfish, Tree nuts, Peanuts
Broken Egg® Chicken & Biscuit	Sandwich Only	850	390	50	22	0	335	2070	57	3	7	41	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Biscuit & Gravy (Nutritional Information listed for each Style of Eggs includes Biscuit, Country Sausage Gravy and Two Sweet & Savory Sausage Patties.)	With Two Fried Eggs	1050	500	60	30	0	570	3020	63	1	12	45	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
	With Two Scrambled Egg Whites	990	500	60	27	0	95	3060	63	1	12	45	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
	With Two Scrambled Eggs	1050	600	71	31	0	510	3020	64	1	12	46	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
	With Two Poached Eggs	990	440	49	28	0	570	2960	63	1	12	45	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Huevos Rancheros	Includes Salsa and Sour Cream	960	520	63	23	0	535	1580	56	8	7	32	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
	With Chorizo Add	230	180	20	9	0	60	510	3	0	1	10	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Traditional Day Starter (For Total Nutritional Information, add Nutritional Facts for each Style of Eggs, Choice of Meat and English Muffin.)	With Two Fried Eggs	220	60	11	6	0	470	210	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	With Two Poached Eggs	160	70	5	3.5	0	470	160	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	With Two Scrambled Eggs	220	150	22	6	0	470	210	0	0	0	13	Contains Egg			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	With Two Scrambled Whites	120	60	11	2.5	0	0	260	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Baked Bacon Add	180	140	15	5	0	10	440	1	0	0	10				Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Sweet and Savory Sausage Add	250	180	20	7	0	65	770	5	0	3	14	Contains Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Andouille Sausage Add	380	310	34	12	0	75	1240	4	1	2	16	Contains Soy		Contains Pork	Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Chicken Sausage Add	120	70	9	3	0	60	540	3	1	3	12	Contains Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Sweet Ham Add	130	60	6	2	0	65	1320	0	0	0	19	Contains Soy		Contains Pork	Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	English Muffin Add	140	15	1.5	0	0	0	260	28	1	1	5	Contains Wheat			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts

Sensible Sensations

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Skinny Omelette (Comes with an English Muffin and Fresh Fruit. See SIDES & ADD-ONS for Nutritional Information on these items.)	Omelette Only	520	180	28	7	0	20	800	54	8	13	31	Contains Egg, Milk, Wheat	Vegetarian/Locofoco Friendly. May be Gluten-Friendly if English muffin is omitted.		Fish, Shellfish, Soy, Tree Nuts, Peanuts
Skinny Shrimp Benny (Comes with Choice of Grits or Fresh Country Potatoes, or for an upcharge substitute City Grits™ or Fruit. See SIDES & ADD-ONS for Nutritional Information on these items.)	Benedict Only	580	200	25	6	0	610	1890	37	2	3	33	Contains Egg, Milk, Shellfish, Soy, Wheat			Tree Nuts, Fish, Peanuts
Monterey Omelette (Comes with an English Muffin and Fresh Fruit. See SIDES & ADD-ONS for Nutritional Information on these items.)	Omelette Only	840	410	55	17	0	105	1430	59	9	17	50	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts

Omelets & Scramblers

(All Omelets and Scramblers are served with English Muffin (except Southwest Scrambler) and Grits or Fresh Country Potatoes. Substitute Fresh Fruit or City Grits™ for an Upcharge, See SIDES AND ADD-ONS for Nutritional Information on these items.)

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
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The Floridian™ Omelette	Omelette Only	700	480	58	27	0	775	890	4	0	2	0	Contains Egg, Milk, Shellfish, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Shellfish	Fish, Wheat, Tree Nuts, Peanuts
Southwest Scrambler	Includes Guacamole and Salsa	710	490	59	20	0	690	1250	16	6	5	40	Contains Egg, Milk, Soy	May be Gluten-Friendly if flour tortilla is omitted.	Contains Pork	Fish , Wheat, Tree Nuts, Shellfish, Peanuts
	Flour Tortilla Add	160	35	4	2	0	0	340	28	0	2	4	Contains Wheat	May be Gluten-Friendly if flour tortilla is omitted.	Contains Pork	
Bacquezo™ Omelette	Omelette Only	1000	720	84	37	0	760	1550	7	0	2	50	Contains Egg, Milk, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Pork	Fish , Wheat, Tree Nuts, Shellfish, Peanuts
Sunrise Spinach Scrambler	Scrambler Only	600	420	51	18	0	665	920	6	1	2	39	Contains Egg, Milk, Soy	May be Gluten-Friendly if English muffin is omitted, may be Vegetarian/Locofoco if bacon is omitted.	Contains Pork	Fish , Wheat, Tree Nuts, Shellfish, Peanuts
Lobster & Brie Omelette	Omelette Only	850	630	74	38	0	800	1530	11	1	5	40	Contains Egg, Fish, Milk, Shellfish, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Shellfish	Wheat, Tree Nuts, Peanuts
Hey Lucy!™ Omelette	Includes Salsa and Sour Cream	760	550	65	25	0	720	1230	15	4	5	41	Contains Egg, Milk, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Pork	Fish , Wheat, Tree Nuts, Shellfish, Peanuts
The Supreme Omelette	Omelette Only	780	550	66	24	0	710	1440	7	1	2	50	Contains Egg, Milk, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Pork	Fish , Wheat, Tree Nuts, Shellfish, Peanuts
Veggie Delight Omelette	Omelette Only	550	250	32	10	0	640	630	45	6	11	31	Contains Egg, Milk, Soy	May be Gluten-Friendly if English muffin is omitted.		Fish , Wheat, Tree Nuts, Shellfish, Peanuts
Mardi Gras Omelette	Omelette Only	770	510	61	23	0	965	1880	9	1	5	52	Contains Egg, Milk, Shellfish, Soy	May be Gluten-Friendly if English muffin is omitted.	Contains Pork, Shellfish	Fish , Wheat, Tree Nuts, Shellfish, Peanuts

Sandwiches & Salads																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergens this item has cross contamination potential
Benedict Burger	Includes Fresh Country Potatoes and Pickle	1240	650	85	28	0	445	5830	82	1	9	50	Contains Egg, Fish, Milk, Soy, Wheat		Contains Pork	Shellfish, Tree Nuts, Peanuts
Classic Bacon Burger	Includes Fresh Country Potatoes and Pickle	1360	720	84	29	0	170	5330	92	3	14	68	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Sonoma Club - Nine-Grain	Includes Fresh Country Potatoes and Pickle	1270	620	73	19	0	105	3390	112	11	16	57	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Half Sonoma Club - Nine Grain	Includes Pickle	470	220	27	7	0	39	1254	41	4	6	21	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Sonoma Club- Catering White Bread	Includes Fresh Country Potatoes and Pickle	1160	470	57	34	0	105	2840	87	8	7	52	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Broken Egg® Chicken & Biscuit	Includes Fresh Country Potatoes and Pickle	1170	405	65	22	0	335	2230	70	6	8	42	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Southern Chicken Sandwich (Fried)	Includes Fresh Country Potatoes and Pickle	1360	700	82	17	0	190	2590	9	10	12	70	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Southern Chicken Sandwich (Grilled)	Includes Fresh Country Potatoes and Pickle	1100	580	72	16	0	70	6640	89	5	10	44	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Bacon Lovers BLT&A	Includes Fresh Country Potatoes and Pickle	1390	780	91	24	0	65	2620	107	9	14	51	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Half Bacon Lovers BLT&A	Includes Pickle	530	240	35	9	0	25	995.6	40.66	3	5	19	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Chicken Salad Sandwich	Includes Fresh Country Potatoes and Pickle	880	44	30	7	0	102	1493	61	6	7	36	Contains Egg, Milk, Soy, Wheat			Fish , Tree Nuts, Shellfish, Peanuts
Half Chicken Salad Sandwich	Includes Pickle	225	22	15	4	0	51	746	30	3	3.5	18	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Chicken Salad Sandwich Waldorf	Includes Fresh Country Potatoes and Pickle	1020	49	35	30	0	102	1493	66	7	10	37	Contains Egg, Milk, Soy, Wheat			Fish , Tree Nuts, Shellfish, Peanuts
Southwest Chop Salad Turkey	Includes Chipotle Ranch Dressing	920	610	72	19	0	120	1790	42	12	9	37	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if Turkey and Bacon are omitted, Gluten-Friendly if tortilla strips are omitted.	Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Southwest Chop Salad Shrimp	Includes Chipotle Ranch Dressing	870	620	74	19	0	195	1810	37	9	7	25	Contains Egg, Fish, Milk, Shellfish, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly if Shrimp and Bacon are omitted, Gluten-Friendly if tortilla strips are omitted.	Contains Pork, Shellfish	Peanuts
Southern Fried Chicken Salad	Includes Honey Mustard Dressing	1130	379	64	17	0	410	1876	47	3	39	51	Contains egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Southern Fried Chicken Salad Sub Grilled Chicken	Includes Honey Mustard Dressing	670	186	43	14	0	335	1240	37	2	33	58	Contains Egg, Soy, Wheat		Contains Pork	Fish, Shellfish, Milk, Tree Nuts, Peanuts
Southern Fried Chicken Salad Sub Smoked Salmon	Includes Honey Mustard Dressing	660	188	43	14	0	203	2876	39	2	41	21	Contains Egg, Soy, Wheat, Fish		Contains Pork	Shellfish, Milk, Tree Nuts, Peanuts
Southern Fried Chicken Salad Sub Shrimp	Includes Honey Mustard Dressing	640	154	39	13	0	345	1800	38	2	33	32	Contains Egg, Soy, Wheat, Shellfish		Contains Pork	Fish, Milk, Tree Nuts, Peanuts
Half Southern Fried Chicken Salad	Includes Honey Mustard Dressing	715	190	32	8	0	205	938	23	1	20	26	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Blackened Shrimp Salad	Includes Honey Jalapeno Vinaigrette	750	221	26	5	0	147	1072	35	5	24	21	Contains Milk, Soy, Wheat, Shellfish			Egg, Fish, Milk, Tree Nuts, Peanuts
Blackened Shrimp Salad Sub Grilled Chicken	Includes Honey Jalapeno Vinaigrette	890	254	30	6	0	137	512	34	5	24	47	Contains Milk, Soy, Wheat			Egg, Fish, Shellfish, Tree Nuts, Peanuts
Blackened Shrimp Salad Sub Fried Chicken	Includes Honey Jalapeno Vinaigrette	1350	446	51	9	0	212	1148	44	9	24	47	Contains Milk, Egg, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Blackened Shrimp Salad Sub Chicken Salad	Includes Honey Jalapeno Vinaigrette	1150	239	43	11	0	107	1508	35	5	24	32	Contains Milk Egg, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Blackened Shrimp Salad Sub Salmon	Includes Honey Jalapeno Vinaigrette	880	256	30	6	0	5	2148	36	5	32	10	Contains Milk, Egg, Soy, Wheat, Fish			Shellfish, Tree Nuts, Peanuts
Half Blackened Shrimp Salad	Includes Honey Jalapeno Vinaigrette	430	110	13	2	0	73	536	17	2	12	10	Contains Milk, Egg, Soy, Wheat, Shellfish			Fish,, Tree Nuts, Peanuts
Mixed Green Salad	Incudes Honey Jalapeno Vinaigrette	90	71	8	1	0	0	180	8	1	6	1	Contains Soy			Egg, Milk, Wheat, Soy, Fish, Shellfish, Peanuts
Southwest Chop Salad Smoked Salmon	Includes Chipotle Ranch Dressing	940	610	68	20	0	95	3010	52	11	15	36	Contains Egg, Milk, Soy, Wheat, Fish	Vegetarian/Locofoco Friendly if Turkey and Bacon are omitted, Gluten-Friendly if tortilla strips are omitted.		Shellfish, Tree Nuts, Peanuts

Lunch Items

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergens this item has cross contamination potential for the following
Louisiana Gumbo Entrée	Grilled Focaccia	760	34	7									Contains Egg, Milk, Wheat, Soy, Shellfish		No Pork	Fish, Tree Nuts, Peanuts
Louisiana Gumbo Cup	Grilled Focaccia	380	17	3.5	0	1	80	876.5	30.5	1.5	1.5	13.5	Contains Egg, Milk, Wheat, Soy, Shellfish		No Pork	Fish, Tree Nuts, Peanuts
Chicken Tortilla Soup Entrée	Soup Only	380	34	7	2	0	160	1753	61	3	3	27	Contains Egg, Soy, Tree Nuts			
Chicken Tortilla Soup Cup	Soup Only	190	17	3.5	1	0	80	876.5	30.5	1.5	1.5	13.5	Contains Egg, Soy, Tree Nuts			
Jambalaya Cup	Fried Egg	615	127	22	6	0	315	1203	27	22	3	23	Contains Egg, Milk, Wheat, Soy, Shellfish		Contains Pork, Shellfish	Fish, Tree Nuts, Peanuts
Breakfast Jambalaya	Jambalaya, Fried Eggs and Green Onions	1230	253	43	13	0	629	2405	53	4	7	47	Contains Egg, Milk, Wheat, Soy, Shellfish		Contains Pork, Shellfish	Fish, Tree Nuts, Peanuts
Sides & Add-Ons																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergens this item has cross contamination potential for the following
Two Eggs any Style	Fried Eggs	220	60	11	6	0	470	210	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Poached Eggs	160	0	0	3.5	0	470	160	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Scrambled Eggs	220	150	22	6	0	415	210	1	0	0	14	Contains Egg			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
	Scrambled Egg Whites	120	60	11	2.5	0	0	260	0	0	0	13	Contains Egg, Soy			Milk, Fish, Shellfish, Wheat, Tree nuts, Peanuts
Biscuit Beignet	Includes Honey Marmalade	1120	340	38	14	0	10	2670	184	7	88	15	Contains Milk, Soy, Wheat			Fish, Shellfish
Biscuit Beignets Half Order	Includes Honey Marmalade	680	170	19	7	0	5	1330	123	4	74	8	Contains Milk, Soy, Wheat			Fish, Shellfish
Add a Craveable Side	Buttermilk	320	35	4	0	0	0	1020	63	5	25	12	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly. May be Gluten-Friendly by substituting GF pancake batter.		Fish, Shellfish, Tree Nuts, Peanuts
	Bourbon Street Pancakes	650	260	29	11	0	50	1100	87	7	44	14	Contains Egg, Milk, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly. May be Gluten-Friendly by substituting GF pancake batter. Can be Tree-Nut Friendly if pecans are omitted.		Fish, Shellfish, Tree Nuts, Peanuts
	Stacked Chocolate Chip Pancakes	360	130	15	8	0	5	380	51	5	33	7	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly. May be Gluten-Friendly by substituting GF pancake batter.		Fish, Shellfish, Tree Nuts, Peanuts
	Lemon Blueberry Pancakes	410	90	10	4	0	20	1090	71	7	29	14	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly. May be Gluten-Friendly by substituting GF pancake batter.		Fish, Shellfish, Tree Nuts, Peanuts
	Gluten-Friendly	310	50	6	1	0	0	980	59	6	24	11	Contains Milk, Soy	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Tree Nuts, Peanuts
	Lemon Blueberry Goat Cheese Pancakes Gluten-Friendly	400	100	12	5	0	20	1050	67	8	28	14	Contains Milk, Soy, Tree Nuts	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Peanuts, Wheat, Milk
	Bourbon Street Pancakes Gluten-Friendly	640	280	31	12	0	50	1060	83	8	43	13	Contains Egg, Milk, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly. Can be Tree-Nut Friendly if pecans are omitted.		Fish, Shellfish, Peanuts, Wheat, Milk
Belgian Waffle	Waffle and Powdered Sugar	280	90	10	5	0	75	630	46	3	19	6	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly.		Fish, Shellfish
French Toast Side	French Toast and Powdered Sugar	280	100	11	3	0	150	420	36	1	10	11	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Tree Nuts, Peanuts
Fresh Fruit	Seasonal Selections	50	5	0	0	0	0	0	13	3	9	1		Vegan and Gluten-Friendly		
Grits	Grits Only	180	50	5	3.5	0	20	560	29	2	0	3	Contains Milk, Wheat	Vegetarian/Locofoco Friendly.		
City Grits™	Gouda Grits, Bacon, Green Onions & Tomatoes	460	370	41	23	0	100	850	12	1	6	11	Contains Milk		Contains Pork	
Split Plate - Potatoes	Fresh Country Potatoes and English Muffin	460	160	18	2	0	5	700	67	1	3	10	Contains Soy, Wheat			Fish, Shellfish
Split Plate - Grits	Grits and English Muffin	320	60	7	3.5	0	20	820	57	3	1	8	Contains Milk, Wheat	Vegan and Gluten-Friendly		
Sliced Tomatoes, Side of	Tomatoes and Bed of Romaine Lettuce	25	5	0	0	0	0	5	5	2	3	1				
Fresh Country Potatoes	Fresh Country Potatoes	320	15	1.5	0	0	0	260	23	1	1	5	Contains Wheat	Vegetarian/Locofoco Friendly.		Fish, Shellfish
Biscuit & Gravy, Side of	Biscuit and Gravy Only	580	270	30	17	0	35	2050	58	1	9	18	Contains Milk, Soy, Wheat		Contains Pork	
Chicken Sausage, Side of	3 Links	120	70	9	3	0	60	540	3	1	3	12	Contains Soy			Soy, Wheat, Fish, Shellfish, Tree Nuts, Peanuts
Crab Cake	Crab Cake, Arugula, Remoulade and Tomatoes	220	140	15	3	0	60	620	9	2	3	11	Contains Egg, Fish, Milk, Shellfish, Soy, Wheat	Vegetarian/Locofoco Friendly.		Tree Nuts
Andouille Side/Combo	2 Links	380	310	34	12	0	75	1240	4	1	2	16	Contains Soy		Contains Pork	Wheat, Fish, Shellfish, Tree Nuts, Peanuts
Sweet Ham	1 Serving	130	60	6	2	0	65	1320	0	0	0	19	Contains Soy		Contains Pork	Wheat, Fish, Shellfish, Tree Nuts, Peanuts
Sweet & Savory Sausage, Side/Combo	2 Patties	250	180	20	7	0	65	770	5	0	3	14	Contains Soy		Contains Pork	Wheat, Fish, Shellfish, Tree Nuts, Peanuts
Breakfast Chorizo, Side of	1 Serving	230	300	33	14	0	100	930	4	0	1	19	Contains Milk, Soy		Contains Pork	Wheat, Fish, Shellfish, Tree Nuts, Peanuts
Bacon, Baked, Side of	3 Slices	270	210	23	8	0	20	670	2	0	1	15			Contains Pork	Wheat
White Toast, Side of	2 Slices	220	50	6	1	0	0	340	34	1	2	7	Contains Wheat	Vegetarian/Locofoco Friendly.		
Nine Grain Toast, side of	2 Slices	320	50	6	0	0	0	480	56	4	8	12	Contains Wheat	Vegetarian/Locofoco Friendly.		
Biscuit, Side of	Biscuit Only	380	140	16	12	0	0	1200	48	1	5	9	Contains Milk, Wheat	Vegetarian/Locofoco Friendly.		
Sour Cream	1 Serving	90	80	9	5	0	30	75	3	0	1	1	Contains Milk	Vegetarian/Locofoco Friendly.		
Salsa	1 Serving	70	50	6	1	0	0	70	4	3	1	1		Vegan and Gluten-Friendly.		
Guacamole	1 Serving	140	15	1.5	0	0	0	260	28	1	1	5		Vegan and Gluten-Friendly.		

Gluten Friendly Toast, Side of	1 Serving	230	40	4	0	0	0	480	45	2	5	4		Gluten-Friendly.		
English Muffin	1 Muffin	140	15	1.5	0	0	0	260	28	1	1	5	Contains Wheat			
Day Starter Buttermilk Pancakes	2 Cakes	120	15	1.5	0	0	0	380	24	2	9	4	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Day Starter Chocolate Chip Pancakes	2 Cakes	360	130	15	8	0	5	380	51	5	33	7	Contains Egg, Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Peanuts
Day Starter Waffle	1/2 Waffle	150	45	5	2.5	0	35	320	27	2	13	3	Contains Egg, Milk, Soy, Wheat			Wheat, Fish, Shellfish, Tree Nuts

Kids' Meals

(All Kids' Meals Come with Choice of Juice or Milk)

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Kids' Chocolate Chip Pancakes	Pancakes, Whipped Cream, Chocolate Syrup, Scrambled Egg and Bacon	670	3410	37	16	0	230	910	70	6	44	21	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat.	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish, Peanuts, Tree Nuts
Kids' Chocolate Chip Pancakes - Gluten Friendly	Pancakes, Whipped Cream, Chocolate Syrup, Scrambled Egg and Bacon	670	320	38	16	0	230	890	68	7	44	20	Contains Egg, Milk, Peanut, Soy, Tree Nuts	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish, Peanuts, Tree Nuts
Kids' Dollar Pancakes	Pancakes, Scrambled Egg and Bacon	380	170	21	6	0	215	900	36	3	15	18	Contains Egg, Milk, Soy, Wheat.	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts, tree nuts
Kids' Dollar Pancakes - Gluten Friendly	Pancakes, Scrambled Egg and Bacon	380	180	22	6	0	215	880	34	3	14	18	Contains Egg, Milk, Soy.	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish, Wheat, Tree nuts, Peanuts, Tree Nuts
Kids' Waffle Sampler	Waffle, Powdered Sugar, Scrambled Egg and Bacon	340	190	23	8	0	250	650	24	2	10	15	Contains Egg, Milk, Soy, Wheat.	Vegetarian/Locofoco Friendly if meat option is omitted. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish
Kids' French Toast Sampler	French Toast, Powdered Sugar, Scrambled Egg and Bacon	500	250	29	9	0	360	750	40	1	14	23	Contains Egg, Milk, Soy, Wheat.	Vegetarian/Locofoco Friendly if meat option is omitted. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish, Wheat, Tree nuts, Peanuts
Little Rooster	Scrambled Egg, fresh fruit, English muffin and baked bacon	310	160	20	5.5	0	210	460	25	3	7	15	Contains Egg, Milk, Soy, Wheat.	Vegetarian/Locofoco Friendly if meat option is omitted. Chobani Kids® Yogurt Tube not Gluten-Friendly.	Contains Pork	Fish, Shellfish

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
White Milk, Horizon®	1 Box	110	25	2.5	1.5	0	15	130	13	0	12	8	Contains Milk			
Chocolate Milk, Horizon®	1 Box	150	25	2.5	1.5	0	15	180	23	0	22	8	Contains Milk			
Big Kid Chocolate Milk with Horizon®	1 Serving, Chocolate Milk, Whipped Cream and Chocolate Syrup	290	100	11	7	0	50	190	37	1	34	8	Contains Milk, Peanut, Soy, Tree Nuts, Wheat			
Simply Orange® Juice	1 Serving, Juice Only	140	0	0	0	0	0	0	33	0	29	3				
Apple Juice, Honest Kids®	1 Box	35	0	0	0	0	0	15	9	0	8	0				
Simply Cranberry® Cocktail Juice	1 Serving, Juice Only	130	0	0	0	0	0	20	34	0	34	0				
Yogurt, Danimals® Crush Cup	1 Cup	70	0	0	0	0	0	60	14	0	10	4	Contains Milk			

Beverage Menu



ANOTHER

Broken Egg Cafe.

Nutritional

Non-Alcoholic Beverages																
Premium Hot and Cold Coffees	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Coffee	1 Serving , Coffee Only	0	0	0	0	0	0	0	0	0	0	0				
Decaffeinated Coffee	1 Serving , Coffee Only	0	0	0	0	0	0	0	0	0	0	0				
Cold Brew Coffee	1 Serving , Coffee Only	0	0	0	0	0	0	0	0	0	0	0				
Cold Brew Coffee with Milk	1 Serving , Coffee and Milk	70	25	2.5	2	0	10	65	6	0	6	4	Contains Milk			
S'more Hot Chocolate	1 Serving, Coffee and Milk	340	120	13	2	0	25	270	42	1	34	8	Contains Milk, Wheat			
S'more Cold Brew	1 Serving	450	70	6	2	0	15	100	20	1	15	6	Contains Milk, Wheat			
Butter Pecan Cold Brew	1 Serving	350	94	10	5	0	21	108	41	0	40	4	Contains Milk, Wheat, Tree Nuts			
Vanilla Cold Brew	1 Serving	190	60	4	2	0	15	80	20	1	10	6	Contains Milk			
Salted Caramel Cold Brew	1 Serving	430	60	4	2	0	15	140	20	1	15	6				
Strawberry Lemonade Spritzer	1 Serving	140	0	0	0	0	0	20	10	1	10	0				
Cucumber Mint Nojito	1 Serving	50	0	0	0	0	0	10	5	1	5	0				
Pineapple Berry Aqua Fresca	1 Serving	80	0	0	0	0	0	20	10	1	10	0				
Blackberry Smash	1 Serving	185	2	1	0	0	0	14	37	3	30	1				
Juices	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Simply Orange® Juice	1 Serving	140	0	0	0	0	0	0	33	0	29	3				

Simply Apple® Juice	1 Serving	150	0	0	0	0	0	5	38	0	35	0				
Simply Cranberry Juice® Cocktail	1 Serving	160	0	0	0	0	0	25	43	0	43	0				
Teas and Soft Drinks	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Iced Tea (Unsweetened)	1 Serving	0	0	0	0	0	0	10	0	0	0	0				
Iced Tea (Sweetened)	1 Serving	200	0	0	0	0	0	10	49	0	49	0				
Raspberry Iced Tea	1 Serving	70	0	0	0	0	0	10	18	0	18	0				
Herbal Tea	1 Serving	5	0	0	0	0	0	0	0	0	0	0				
Coke®	1 Serving	110	0	0	0	0	0	35	29	0	29	0				
Diet Coke®	1 Serving	0	0	0	0	0	0	30	0	0	0	0				
Coke Zero®	1 Serving	0	0	0	0	0	0	30	0	0	0	0				
Sprite®	1 Serving	120	0	0	0	0	0	25	30	0	27	0				
Dr. Pepper®	1 Serving	110	0	0	0	0	0	45	30	0	29	0				
Mr. Pibb®	1 Serving	110	0	0	0	0	0	30	29	0	29	0				
Barq's®	1 Serving	120	0	0	0	0	0	55	34	0	34	0				
Fruit Punch Hi C®	1 Serving	120	0	0	0	0	0	20	33	0	33	0				
Minute Maid® Lemonade	1 Serving	120	0	0	0	0	0	15	33	0	32	0				
Mountain Berry Blast®	1 Serving	60	0	0	0	0	0	115	16	0	16	0				
Milk and Hot Chocolate	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
2% Milk	1 serving	150	50	6	4	0	25	140	15	0	15	10	Contains Milk			
Chocolate Milk with whipped cream	1 serving includes Chocolate Milk, Whipped Cream and Chocolate Syrup	290	100	11	7	0	50	190	37	1	34	8	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat.			
Hot Chocolate with whipped cream	1 serving includes Chocolate Milk, Whipped Cream and Chocolate Syrup	220	70	8	5	0	35	190	27	0	26	8	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat.			
S'more Hot Chocolate	1 serving includes Chocolate Milk, Soft Whip Cream and Chocolate Syrup	340	120	13	8	0	50	190	37	1	41	8	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat.			
Alcoholic Beverages (Liquor Based) Does Not Apply to Cafes Located in Non-Infused. See Below for Non-Infused Cafes information																
Bloody Mary's	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Tito's® Mary	1 Serving Includes Drink and Garnishes	240	80	9	2.5	0	5	1580	11	1	7	6	Contains Fish		Contains Pork, Fish	Wheat
Bloody Molly	1 Serving Includes Drink and Garnishes	170	25	2.5	0	0	0	1000	15	1	7	2	Contains Fish		Contains Fish	Wheat
Bloody Maria	1 Serving Includes Drink and Garnishes	130	0	0	0	0	0	940	10	1	8	2	Contains Fish		Contains Fish	Wheat
Bloody Bulldog	1 Serving Includes Drink and Garnishes	200	50	5	1.5	0	185	1450	9	1	7	8	Contains Fish		Contains Fish	Wheat
ABE Famous Infused Mary	1 Serving Includes Drink and Garnishes	240	70	8	2.5	0	5	1540	12	1	7	7	Contains Fish		Contains Pork, Fish	Wheat
Bunch Cocktails and Spiked Brews	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Spiked Vanilla Cold Brew	1 Serving Includes Drink and Garnishes	320	90	10	0	0	10	40	14	0	12	0	Contains Milk			
Spiked Spiced Rum Cold Brew	1 Serving Includes Drink and Garnishes	380	9	10	1.5	0	10	55	23	0	21	0	Contains Milk			
Cabaret French 75	1 Serving Includes Drink and Garnishes	280	0	0	0	0	0	10	15	1	10	0				
Spiked Salted Caramel Cold Brew	1 Serving Includes Drink and Garnishes	290	50	6	3	0	20	70	21	0	20	4	Contains Milk			
Tropical Sangria	1 Serving Includes Drink and Garnishes	260	0	0	0	0	0	20	43	0	31	0				
Hendricks® Blackberry Mule	1 Serving Includes Drink and Garnishes	210	0	0	0	0	0	10	29	1	23	0				
Wycliff® 8 ounce Champagne	1 Serving	200	0	0	0	0	0	10	6	0	2	0				
Wycliff® 11 ounce Champagne	1 Serving	280	0	0	0	0	0	14	8	0	3	0				
Champagne Mule	1 Serving Includes Drink and Garnishes	200	0	0	0	0	0	15	13	0	9	0				
Champagne Mule Pitcher	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	200	0	0	0	0	0	15	13	0	9	0				

Café Amore	1 Serving Includes Drink and Garnishes	260	110	12	6	0	35	15	11	1	10	2	Contains Milk, Tree Nuts			
Irish Coffee	1 Serving Includes Drink and Garnishes	300	120	13	1.5	0	20	60	13	0	10	1	Contains Milk			
South of the Border	1 Serving Includes Drink and Garnishes	240	80	8	6	0	35	15	10	0	10	0	Contains Milk			
Brunch Blueberry Margarita	1 Serving Includes Drink and Garnishes	300	5	0	0	0	0	0	36	1	25	1				
Mango Margarita	1 Serving Includes Drink and Garnishes	410	5	0	0	0	0	20	81	2	71	1	Contains Milk, Tree Nuts			
Tito's® Pomegranate Mule	1 Serving Includes Drink and Garnishes	180	210	0	0	0	0	10	29	1	23	0				
Bourbon Milk Punch	1 Serving Includes Drink and Garnishes	520	290	32	22	0	130	90	27	0	27	4	Contains Milk, Tree nuts			
Greyhound	1 Serving Includes Drink and Garnishes	160	0	0	0	0	0	0	19	1	17	1				
Traditional Day Starter	1 Serving Includes Drink and Garnishes	140	0	0	0	0	0	15	0	0	13	1				
Spiked S'mores Cold Brew	1 Serving Includes Drink and Garnishes	450	110	20	2	0	10	50	15	1	15	2	Contains Milk, Wheat			
ABE Cyclone	1 Serving Includes Drink and Garnishes	180	30	3	3	0	0	15	18	0	15	1	Contains Tree Nuts			
Milagro® Cranberry Margarita	1 Serving Includes Drink and Garnishes	210	0	0	0	0	0	5	30	1	21	0				
Hendricks G&T	1 Serving Includes Drink and Garnishes	130	0	0	0	0	0	20	13	0	13	0				
Spiked Butter Pecan Cold Brew	1 Serving Includes Drink and Garnishes	460	94	9	4	0	21	108	41	1	40	4				
Milagro Paloma	1 Serving Includes Drink and Garnishes	160	7	1	0	0	0	7	58	0	53	3				
Milagro Paloma Pitcher	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	640	28	4	0	0	0	28	232	0	212	12				
Add a Shot	Tito's®Handmade Vodka	80	0	0	0	0	0	0	0	0	0	0				
	Makers Mark®	80	0	0	0	0	0	0	0	0	0	0				
	Deep Eddy® Lemon Vodka	65	0	0	0	0	0	0	5	0	0	0				
	Gran Marnier®	80	0	0	0	0	0	0	6	0	0	0				
	Frangelico®	130	0	0	0	0	0	0	11	0	0	0				
	Baileys Original Irish Cream®	120	45	5	2.5	0	15	30	9	0	8	1	Contains Milk			
	Kahlua®Coffee Liqueur	110	0	0	0	0	0	0	14	0	14	0				
	St Germain®	120	0	0	0	0	0	0	11	0	0	0				
	Milagro® Tequila	80	0	0	0	0	0	0	0	0	0	0				
	Captain Morgan® Original Spiced Rum	80	0	0	0	0	0	0	0	0	0	0				
	Jameson® Irish Whiskey	80	0	0	0	0	0	0	0	0	0	0				
	Hendrick's® Gin	80	0	0	0	0	0	0	0	0	0	0				
Rumchata® Iiqueur	180	5	0	0	0	0	0	0	18	0	0	1	Contains Milk			
Bloody Mary Pitchers	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Pitcher ABE Infused Mary	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	180	35	4	1.5	0	5	1240	10	1	7	4	Contains Wheat, Fish		Contains Pork, Fish	
Pitcher Tito's® Mary	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	180	40	4.5	1.5	0	5	1260	9	0	7	4	Contains Wheat, Fish		Contains Pork, Fish	
Pitcher Bloody Maria	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	120	0	0	0	0	0	940	10	1	8	2	Contains Wheat, Fish		Contains Fish	
Pitcher Bloody Bulldog	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	160	25	3	0	0	95	1250	9	0	7	5	Contains Wheat, Fish		Contains Fish	
Pitcher Bloody Molly	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	150	10	1.5	0	0	0	970	11	1	6	2	Contains Wheat, Fish		Contains Fish	
Mimosa Pitchers	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Pitcher Lemon Blueberry Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	270	0	0	0	0	0	10	26	1	20	0				
Pitcher Strawberry St Germain® Infused Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	280	0	0	0	0	0	10	27	1	23	0				
Pitcher Black Cherry Infused Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	270	0	0	0	0	0	10	24	0	20	0				
Pitcher Blackberry Vanilla Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	250	0	0	0	0	0	15	16	1	11	0				
Pitcher Simply Orange® Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	180	0	0	0	0	0	10	13	0	8	1				
Simply Apple® Pie Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	190	0	0	0	0	0	10	14	0	10	0				
Pitcher Grand Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	190	0	0	0	0	0	5	16	1	8	1				

Simply Cranberry® Cocktail Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	180	0	0	0	0	0	15	14	0	10	0				
Mimosas	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Lemon Blueberry Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	270	0	0	0	0	0	10	26	1	20	0				
Lemon Blueberry Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	360	0	0	0	0	0	15	31	1	24	0				
Strawberry St Germain® Infused Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	280	0	0	0	0	0	10	27	1	23	0				
Strawberry St Germain® Infused Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	370	0	0	0	0	0	15	40	1	34	0				
Simply Orange® Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	180	0	0	0	0	0	10	13	0	8	1				
Simply Orange® Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	250	0	0	0	0	0	15	16	0	10	1				
Simply Apple® Pie Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	190	0	0	0	0	0	10	14	0	10	0				
Simply Apple® Pie Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	250	0	0	0	0	0	15	17	0	11	0				
Grand Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	200	0	0	0	0	0	5	17	1	8	1				
Grand Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	280	0	0	0	0	0	10	19	0	9	1				
Simply Cranberry® Cocktail Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	180	0	0	0	0	0	15	14	0	10	0				
Simply Cranberry® Cocktail Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	260	0	0	0	0	0	20	18	0	13	0				
Alcoholic Beverages (Wine-based)																
Bloody Mary's	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Bloody Molly	1 Serving Includes Drink and Garnishes	160	25	2.5	0	0	0	1000	15	1	7	2	Contains Fish		Contains Fish	Wheat
Bloody Maria	1 Serving Includes Drink and Garnishes	90	0	0	0	0	0	940	10	1	9	2	Contains Fish		Contains Fish	Wheat
Bloody Bulldog	1 Serving Includes Drink and Garnishes	220	50	5	0	0	185	1450	9	1	7	8	Contains Egg, Fish		Contains Fish	Wheat
ABE Famous Infused Mary	1 Serving Includes Drink and Garnishes	200	30	3.5	3	0	0	15	25	1	22	1	Contains Fish		Contains Pork, Fish	Wheat
Bunch Cocktails and Spiked Brews	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Spiked Vanilla Cold Brew	1 Serving Includes Drink and Garnishes	360	130	14	7	0	65	700	40	3	13	7	Contains Milk			
Strawberry Nectar Mimosa	1 Serving Includes Drink and Garnishes	260	0	0	0	0	0	10	28	1	23	0				
Spiked Salted Caramel Cold Brew	1 Serving Includes Drink and Garnishes	290	50	6	3	0	20	70	21	0	20	4	Contains Milk			
Tropical Sangria	1 Serving Includes Drink and Garnishes	290	20	2	2	0	0	20	43	1	39	1				
Blackberry Mule	1 Serving Includes Drink and Garnishes	200	0	0	0	0	0	10	28	1	25	1				
Wycliff® 8 ounce Champagne	1 Serving	200	0	0	0	0	0	10	6	0	2	0				
Wycliff® 11 ounce Champagne	1 Serving	280	0	0	0	0	0	14	8	0	3	0				
Champagne Mule	1 Serving Includes Drink and Garnishes	170	0	0	0	0	0	15	13	0	9	0				
Champagne Mule Pitcher	Information is based on 1 Serving. Servings include garnishes, 4 Servings/Pitcher	200	0	0	0	0	0	15	13	0	9	0				
Café Amore	1 Serving Includes Drink and Garnishes	220	110	12	6	0	35	8	1	7	2	2	Contains Milk, Tree Nuts			
Irish Coffee	1 Serving Includes Drink and Garnishes	250	90	10	0	0	10	45	8	0	6	0	Contains Milk			
South of the Border	1 Serving Includes Drink and Garnishes	180	80	9	6	0	35	15	8	0	17	0	Contains Milk			
Brunch Blueberry Margarita	1 Serving Includes Drink and Garnishes	290	0	0	0	0	0	0	62	1	49	1				
Tequila Sunrise	1 Serving Includes Drink and Garnishes	160	0	0	0	0	0	0	25	0	23	1				
Greyhound	1 Serving Includes Drink and Garnishes	130	0	0	0	0	0	0	18	0	17	1				
Traditional Day Starter	1 Serving Includes Drink and Garnishes	120	0	0	0	0	0	0	17	0	15	1				
Irish Cold Brew	1 Serving Includes Drink and Garnishes	320	90	10	7	0	10	45	8	0	5	0				
ABE Cyclone	1 Serving Includes Drink and Garnishes	290	30	3.5	3	0	0	15	25	1	22	1	Contains Tree Nuts			
Cranberry Margarita	1 Serving Includes Drink and Garnishes	170	0	0	0	0	0	5	32	1	22	0				
Mango Margarita	1 Serving Includes Drink and Garnishes	320	5	0	0	0	0	20	79	2	70	1				





Bloody Mary's	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
ABE Infused Mary (Non-Infused)	1 Serving Includes Drink and Garnishes	240	70	8	2.5	0	5	1540	12	1	7	7	Contains Fish		Contains Pork	Wheat
Mimosas	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Lemon Blueberry Infused Mimosa 8 ounce	1 Serving Includes Drink and Garnishes	270	0	0	0	0	0	10	22	1	16	0				
Lemon Blueberry Infused Mimosa 11 ounce	1 Serving Includes Drink and Garnishes	370	0	0	0	0	0	15	31	1	24	0				
Strawberry St. Germain® Infused Mimosa (Non-Infused) 8 ounce	1 Serving Includes Drink and Garnishes	270	0	0	0	0	0	10	25	1	20	0				
Strawberry St. Germain® Infused Mimosa (Non-Infused) 11 ounce	1 Serving Includes Drink and Garnishes	370	0	0	0	0	0	15	35	1	29	0				
Simply Orange® Mimosa	1 Serving Includes Drink and Garnishes	180	0	0	0	0	0	10	13	0	8	1				
Simply Apple® Pie Mimosa	1 Serving Includes Drink and Garnishes	190	0	0	0	0	0	10	14	0	10	0				
Simply Cranberry® Cocktail Mimosa	1 Serving Includes Drink and Garnishes	180	0	0	0	0	0	15	14	0	10	0				
Brunch Cocktails and Spiked Cold Brews	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Spiked Vanilla Cold Brew Liquor	1 Serving Includes Drink and Garnishes	320	90	10	0	0	10	40	14	0	12	0	Contains Milk			
Spiked Spiced Rum Cold Brew Liquor	1 Serving Includes Drink and Garnishes	380	90	10	1.5	0	10	55	23	0	21	0	Contains Milk			
Spiked Salted Caramel Cold Brew	1 Serving Includes Drink and Garnishes	300	50	6	3	0	20	340	37	0	32	4	Contains Milk			
Tropical Sangria	1 Serving Includes Drink and Garnishes	220	0	0	0	0	0	15	41	0	32	0				
Wycliff® Champagne	1 Serving	200	0	0	0	0	0	10	6	0	2	0				
Bloody Mary's Pitchers	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Pitcher ABE Infused Mary	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	180	35	4	1.5	0	5	1240	10	1	7	4	Contains Fish		Contains Pork	Wheat
Mimosas Pitchers	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Pitcher Lemon Blueberry Infused Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	270	0	0	0	0	0	10	22	1	16	0				
Pitcher Infused Strawberry St. Germain® Mimosa Non-Infused	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	270	0	0	0	0	0	10	25	1	20	0				
Pitcher Black Cherry Infused Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	270	0	0	0	0	0	10	24	0	20	0				
Pitcher Simply Cranberry® Cocktail Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	180	0	0	0	0	0	15	14	0	10	0				
Pitcher Simply Orange® Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	180	0	0	0	0	0	10	13	0	8	1				
Pitcher Simply Apple® Pie Mimosa	Information is based on 1 Serving. Servings includes garnishes, 4 Servings/Pitcher	190	0	0	0	0	0	10	14	0	10	0				

Catering Menu



ANOTHER

Broken Egg Cafe

Nutritional

Meats Catering (Approximately 10 Servings per Platter)

Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
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Bacon, Baked Side Catering	Nutritional Information is for Entire Platter	2270	1720	191	66	0	155	5550	15	0	6	124			Contains Pork	Wheat
Breakfast Ham, Side Catering	Nutritional Information is for Entire Platter	1280	570	64	21	0	640	13180	0	0	0	191			Contains Pork	Soy, Wheat, Fish, Shellfish, Tree Nuts, Egg , Milk, Peanuts
Maple Apple Chicken Sausage, Catering	Nutritional Information is for Entire Platter	1000	580	75	25	0	498	4500	25	8	25	30	Contains Soy			Soy, Wheat, Fish, Shellfish, Tree Nuts, Egg , Milk, Peanuts
Sweet and Savory Sausage Catering	Nutritional Information is for Entire Platter	2530	1770	197	74	0	655	7700	48	0	28	143	Contains Soy		Contains Pork	Soy, Wheat, Fish, Shellfish, Tree Nuts, Egg , Milk, Peanuts
Andouille Sausage Side Catering	Nutritional Information is for Entire Platter	1520	1220	136	48	0	300	4960	16	4	8	64	Contains Soy		Contains Pork	Soy, Wheat, Fish, Shellfish, Tree Nuts, Egg , Milk, Peanuts
Indulgences Catering (Approximately 10 Servings per Platter)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Strawberry Poundcake French Toast Catering	Nutritional Information is for Entire Platter	5800	2200	245	96	0	3000	4500	770	6	370	100	Contains Egg, Milk, Soy, Tree Nuts, Wheat	Vegetarian/Locofoco Friendly if meat option is omitted. May be Gluten-Friendly by substituting GF pancake batter. Can be Tree Nut allergy free if pecans are omitted.		Fish, Shellfish, Peanuts
French Toast Catering	Nutritional Information is for Entire Platter	4510	1490	166	48	0	2215	6330	593	19	212	161	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly		Fish, Shellfish, Tree Nuts, Peanuts
Buttermilk Pancakes Catering	Nutritional Information is for Entire Platter	2390	270	30	5	0	10	7620	473	38	189	87	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Tree Nuts, Peanuts
Gluten Free Pancakes Catering	Nutritional Information is for Entire Platter	2340	410	45	8	0	5	7360	440	45	183	82	Contains Milk, Soy	Vegetarian/Locofoco Friendly, Gluten-Friendly.		Fish, Shellfish, Tree Nuts, Wheat, Peanuts
Salads & Sandwiches Catering (Approximately 10 Servings per Platter)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential
Sonoma Club Catering White Bread	Nutritional Information is for Entire Platter	4060	2240	271	86	0	515	12040	235	32	31	231	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Egg, Peanuts
Sonoma Club Catering Multi Grain	Nutritional Information is for Entire Platter	4560	2240	271	81	0	515	12740	345	47	61	256	Contains Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Egg, Peanuts
Bacon Lovers BLT&A Catering	Nutritional Information is for Entire Platter	5480	3280	386	114	0	325	9870	343	43	60	229	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Southwest Chop Salad Catering	Nutritional Information is for Entire Platter	4450	2890	325	86	0	615	8900	207	58	42	184	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly if Turkey and Bacon are omitted. Gluten-Friendly if tortilla strips are omitted.	Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Specialties Catering (Approximately 10 Servings per Platter)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential
Shrimp n Grits Catering	Nutritional Information is for Entire Platter	6860	4940	584	285	0	2215	16390	264	22	50	242	Contains Egg, Fish, Milk, Shellfish, Soy, Wheat		Contains Pork	Tree Nuts, Peanuts
Big Easy Scrambler (catering)	Nutritional Information is for Entire Platter	6310	3670	443	113	0	1540	11050	431	10	39	231	Contains Egg, Milk, Shellfish, Soy, Wheat	May be Dairy-Friendly if cheese is omitted.	Contains Pork	Fish, Tree Nuts, Peanuts
Southwest Scramble Catering	Nutritional Information is for Entire Platter. Includes Salsa, Guacamole and Flour Tortillas	4740	2470	309	105	0	4265	7710	356	25	49	225	Contains Egg, Fish, Milk, Soy, Wheat	May be Gluten-Friendly if flour tortillas are omitted.	Contains Pork	Shellfish, Peanuts
Supreme Scramble Catering	Nutritional Information is for Entire Platter	4040	2820	348	122	1.5	4505	6610	37	3	14	257	Contains Egg, Milk, Soy	Vegetarian/Locofoco Friendly, Gluten-Friendly.	Contains Pork	Fish, Shellfish, Tree Nuts, Wheat, Peanuts
Supreme Quiche Catering	Nutritional Information is for Entire Platter	3580	2400	260	100	0	900	3400	40	5	10	150	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Veggie Quiche Catering	Nutritional Information is for Entire Platter	2200	1420	150	40	0	450	1800	15	10	5	90	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly, Gluten-Friendly.		
Skinny Scrambler Catering	Nutritional Information is for Entire Platter	1920	800	123	39	0	140	3550	87	23	23	172	Contains Egg, Milk	Vegetarian/Locofoco Friendly, Gluten-Friendly.		Fish, Shellfish, Wheat, Soy
Classics Catering (Approximately 10 Servings per Platter)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Scrambled Eggs Catering	Nutritional Information is for Entire Platter	2080	1430	193	55	0	4145	2020	8	0	3	140	Contains Egg, Soy	Vegetarian/Locofoco Friendly.		Milk, Fish, Shellfish, Wheat, Tree Nuts, Peanuts
Scrambled Egg with Cheese Catering	Nutritional Information is for Entire Platter	3180	2240	283	115	0	4445	3820	18	0	3	210	Contains Egg, Milk, Soy	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Wheat, Tree Nuts, Peanuts
Make it a Scrambler Catering Low Range	Nutritional Information is for Entire Platter	1840	1250	174	50	0	3125	2030	20	8	4	120	Depending on Choice of Ingredients May Contains Egg, Fish, Milk, Peanut, Shellfish, Soy, Tree Nuts, Wheat		Could Contain Pork	Peanuts
Make it a Scrambler Catering High Range	Nutritional Information is for Entire Platter	4900	3540	428	157	0	3985	10350	22	0	6	309	Depending on Choice of Ingredients May Contains Egg, Fish, Milk, Peanut, Shellfish, Soy, Tree Nuts, Wheat			Peanuts
Potato Sensations Catering Low Range	Nutritional Information is for Entire Platter	2240	1270	176	34	0	35	3040	207	8	10	42	Depending on Choice of Ingredients May Contains Egg, Fish, Milk, Peanut, Shellfish, Soy, Tree Nuts, Wheat			Peanuts
Potato Sensations Catering High Range	Nutritional Information is for Entire Platter	5310	3560	430	141	0	890	11360	209	0	13	231	Depending on Choice of Ingredients May Contains Egg, Fish, Milk, Peanut, Shellfish, Soy, Tree Nuts, Wheat			Peanuts
Biscuits and Gravy Catering	Nutritional Information is for Entire Platter	5790	2670	297	173	0	330	20470	583	11	92	177	Contains Egg, Milk, Soy, Wheat		Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Jumbo Chicken Biscuits Catering	Nutritional Information is for Entire Platter	6380	2860	353	155	0	830	15310	561	27	88	303	Contains Egg, Milk, Soy, Wheat	Vegan and Gluten-Friendly		Fish, Shellfish, Tree Nuts, Peanuts
Fruit Platter Catering Low Range	Nutritional Information is for Entire Platter	450	20	2	0	0	0	120	110	13	91	7				
Fruit Platter Catering High Range	Nutritional Information is for Entire Platter	620	30	3.5	0	0	0	125	153	21	116	10				
Brunch Boxes (1 serving per Box)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential for the following
Shrimp 'N Grits	Nutritional Information is for Entire Box	980	610	72	34	0	305	2630	59	4	12	37	Contains Milk, Soy, Wheat, Shellfish		Contains Pork	Fish, Tree Nuts, Egg, Peanuts
Gluten-Friendly Shrimp'N Grits	Nutritional Information is for Entire Box	990	610	72	34	0	305	2660	62	4	12	36	Contains Milk, Soy, Shellfish		Contains Pork	Fish, Wheat, Tree Nuts, Egg, Peanuts

Supreme Quiche Catering Box	Nutritional Information is for Entire Box	1040	495	78	20	0	0	180	940	31	2	3	35	Contains Egg, Milk, Soy, Wheat	Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Veggie Quiche Catering Box	Nutritional Information is for Entire Box	760	300	30	8	0	0	90	620	26	3	2	23	Contains Egg, Milk, Soy, Wheat	Vegetarian/Locofoco Friendly, Gluten-Friendly.	Fish, Shellfish, Tree Nuts, Peanuts
Chicken Egg and Cheese Biscuit	Nutritional Information is for Entire Box	1170	540	66	24	0	0	340	790	97	3	9	47	Contains Egg, Milk, Soy, Wheat	Contains Pork	Fish, Shellfish, Tree Nuts, Peanuts
Sides Catering (Approximately 10 Servings per Platter)																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential
City Grits™ Catering	Nutritional Information is for Entire Platter	3680	2980	331	187	0	820	6840	97	6	51	92	Contains Milk		Contains Pork	Wheat
Sliced Tomatoes Catering	Nutritional Information is for Entire Platter	160	15	2	0	0	0	45	34	11	22	8		Vegan and Gluten-Friendly		
Side of Biscuits Catering	Nutritional Information is for Entire Platter	3800	1440	160	120	0	0	12000	480	10	50	90	Contains Milk, Wheat	Vegetarian/Locofoco Friendly.		
Side Country Potatoes Catering	Nutritional Information is for Entire Platter	2680	1220	135	17	0	25	3660	321	0	15	45	Contains Wheat	Vegetarian/Locofoco Friendly.		Egg, Soy, Wheat, Milk, Fish Shellfish, Peanuts
Grits Catering	Nutritional Information is for Entire Platter	1790	490	54	36	0	200	5600	295	18	1	33	Contains Milk, Wheat	Vegetarian/Locofoco Friendly.		Fish, Shellfish, Tree Nuts, Egg, Soy, Peanuts
Cheese Grits Catering	Nutritional Information is for Entire Platter	2890	1300	144	96	0	500	7400	305	18	1	103	Contains Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Egg, Soy, Peanuts
Biscuit Belignets Catering	Nutritional Information is for Entire Platter	1720	220	24	9	0	5	1670	392	5	313	10	Contains Milk, Soy, Wheat			Fish, Shellfish, Tree Nuts, Egg, Soy, Peanuts
Bagels and Cream Cheese Catering	Nutritional Information is for Entire Platter	3600	1390	155	100	0	400	5600	400	10	20	90	Contains Milk, Wheat, Egg			
Drinks Catering																
Menu Selection	Items Included in Nutritional Information	Cals (kcal)	Fat Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Allergen Statement	Dietary Considerations	Halal Considerations	In addition to allergies this item has cross contamination potential
Simply Orange® Juice Catering	Nutritional Information is based on 52oz Container. Approximately 6 servings per container.	720	0	0	0	0	0	0	169	0	150	13				
Simply Apple® Juice Catering	Nutritional Information is based on 52oz Container. Approximately 6 servings per container.	780	0	0	0	0	0	35	195	0	182	0				
Simply Cranberry® Cocktail Catering	Nutritional Information is based on 52oz Container. Approximately 6 servings per container.	850	0	0	0	0	0	130	221	0	221	0				
Coffee Barista Blend Catering	Nutritional Information is based on 160oz Container. Approximately 16 servings per container.	35	5	0.5	0	0	0	70	0	0	0	4				
Cold Brew (Water)	Nutritional Information is based on 160oz Container. Approximately 16 servings per container.	0	0	0	0	0	0	0	0	0	0	0				
Unsweet Tea Catering	Nutritional Information is based on 128oz Container. Approximately 13 servings per container.	0	0	0	0	0	0	150	0	0	0	0				
Sweet Tea Catering	Nutritional Information is based on 128oz Container. Approximately 13 servings per container.	2510	0	0	0	0	0	150	629	0	629	0				

The Another Broken Egg Cafe nutritional analysis is comprised of data from an independent testing facility commissioned by Another Broken Egg Cafe, combined with nutrient data from suppliers of Another Broken Egg Cafe, the United States Department of Agriculture and nutrient database analysis of the recipes prepared by Another Broken Egg Cafe using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of